

Developmental Schedule

*We have 3 different rotations/start times for this program. Most players get two rotations of group lessons and one rotation of private lesson.

7:00AM-7:15AM – Warm-up for 1st rotation of Developmentals for BOARDING students

7:15AM-8:00AM – 1st Developmental Rotation (Private lesson)

7:45AM-8:00AM – Warm-up for 2nd rotation of Developmentals for BOARDING students (sometimes non-boarding)

8:00AM-8:45AM – 2nd Developmental Rotation (Private lesson)

8:30AM-8:45AM – Warm-up for 3rd rotation of Developmentals for Non-Boarding students

8:45AM-9:30AM – 3rd Developmental Rotation (Private)

9:30AM-10:30AM – 1st hour of drilling in a group up to 4 people

10:30AM-11:30AM – 2nd hour of drilling in a group up to 4 people

11:30AM-12:15PM – Fitness or Mental Conditioning (alternates days)

12:15PM-1:00PM – Lunch

1:00PM-1:15PM – Warm-up

1:15PM-3:15PM – Match Play

***Students enroll on a weekly or multi-week basis. Includes a Video Evaluation.**